

## VCCL Results - Craig Harris

Member number: 343

Races: 211; Wins: 8 (3.8%); Top Ten: 102 (48.3%)

Active from 2008 to 2022

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
06/04/2008	Fred Grubb Memorial Handicap	25	6.5	26:08	18	3:35		22:33	2:20	4:01
13/04/2008	Moran Stable Handicap	13	5	19:02	18	2:45		16:17	0:49	3:48
27/04/2008	Helmut & Maija Prentler Handicap	14	8	30:12	18	4:30		25:42	1:18	3:47
04/05/2008	17th Annual Social Club Handicap	9	6.5	25:11	18	3:35		21:36	0:31	3:52
25/05/2008	Caruana Cross Country Classic	19	8	30:57	18	4:30		26:27	2:25	3:52
01/06/2008	VCCL Ted Paulin Handicap	9	8	29:31	19	4:45		24:46	0:30	3:41
07/06/2008	Boutique FPS Handicap	11	5	18:16	19	2:50		15:26	0:34	3:39
15/06/2008	32nd Annual Bob Cook Memorial Sealed Handicap	13	10	40:41	19	5:50		34:51	1:26	4:04
22/06/2008	Retire Invest Eaglehawk to Bendigo	9	6.5	23:56	19	3:50		20:06	0:39	3:41
29/06/2008	Hash House Harriers HHH Handicap	6	8	29:45	19	4:45		25:00	0:27	3:43
06/07/2008	VCCL 5km Handicap	3	5	18:52	19	2:50		16:02	0:14	3:46
20/07/2008	Eric Greaves Memorial Handicap	25	10	40:10	19	5:50		34:20	2:24	4:01
03/08/2008	43rd Annual Norm Charles Handicap	8	10	38:32	20	6:05		32:27	1:23	3:51
10/08/2008	Pinnacle Print Group Handicap	5	8	33:13	20	5:00		28:13	0:44	4:09
24/08/2008	VCCL 75th Anniversary Classic Handicap	3	6.5	24:21	20	4:00		20:21	0:20	3:45
31/08/2008	Independant Signs Handicap	9	10	39:55	20	6:05		33:50	1:12	4:00
14/09/2008	Westgate Bridge Memorial Handicap	1	5	18:01	21	3:10		14:51	0:00	3:36
21/09/2008	President's Handicap	18	6.5	25:00	16	3:10		21:50	1:19	3:51
26/04/2009	Fred Grubb Memorial Handicap	2	6.5	24:29	21	4:10		20:19	0:01	3:46
03/05/2009	25th Helmut & Maija Prentler 8000m Handicap	2	8	29:27	17	4:15		25:12	0:14	3:41
09/05/2009	Moran Stable Handicap	7	5	17:25	17	2:35		14:50	1:13	3:29
17/05/2009	Rendina Family Handicap	12	8	30:20	17	4:15		26:05	1:14	3:48
31/05/2009	Caruana Cross Country Classic	2	8	29:15	17	4:15		25:00	0:14	3:39
06/06/2009	Boutique FPS Handicap	5	5	18:12	17	2:35		15:37	0:16	3:38
14/06/2009	Hash House Harriers HHH Handicap	8	8	29:19	17	4:15		25:04	0:48	3:40
21/06/2009	18th Annual VCCL Social Club Handicap	4	6.5	24:10	17	3:25		20:45	0:35	3:43
28/06/2009	RetireInvest Eaglehawk to Bendigo Handicap	4	6.5	22:31	17	3:25		19:06	0:30	3:28
05/07/2009	33rd Anniversary Bob Cook Memorial Handicap	2	10	37:43	17	5:10		32:33	0:06	3:46
12/07/2009	36th Annual Murchison Handicap	7	10	36:45	17	5:10		31:35	1:10	3:41
19/07/2009	VCCL 'Ted Connell' 5k Legend Handicap	6	5	18:15	17	2:25		15:50	0:22	3:39
26/07/2009	Eric Greaves Memorial Handicap	6	10	37:31	17	5:10		32:21	0:36	3:45
02/08/2009	VCCL 'Joe Caruana' 8K Legend Handicap	2	8	29:01	17	4:15		24:46	0:05	3:38
09/08/2009	44th Annual Norm Charles Handicap	6	10	36:40	17	5:10		31:30	0:57	3:40
16/08/2009	Coburg Lake 6.5K Handicap	1	6.5	23:37	17	3:25		20:12	0:00	3:38
23/08/2009	Pinnacle Print Group Handicap	17	8	30:51	13	3:15		27:36	2:30	3:51
30/08/2009	George Perdon Handicap	20	16.09	1:03:38	13	6:30		57:08	5:03	3:57
05/09/2009	Westgate Bridge Memorial Handicap	10	5	17:58	14	2:05		15:53	0:49	3:36
13/09/2009	Independent Signs Handicap	12	10	38:39	14	4:15		34:24	1:42	3:52
20/09/2009	President's Handicap	10	6.5	24:07	14	2:50		21:17	1:27	3:43
02/05/2010	Fred Grubb Memorial Handicap	11	6.5	22:59	14	2:50		20:09	0:46	3:32
08/05/2010	Moran Stable Handicap	36	5	18:38	14	2:10		16:28	2:08	3:44
16/05/2010	Rendina Family Handicap	19	8	29:13	14	3:30		25:43	1:33	3:39

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Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
06/06/2010	34th Annual Bob Cook Memorial Sealed Handicap	2	10	37:54	15	4:35		33:19	0:09	3:47
12/06/2010	Boutique FPS Handicap	12	5	17:28	15	2:20		15:08	0:35	3:30
27/06/2010	Helmut & Maija Prentler Handicap	23	8	29:40	15	3:45		25:55	3:26	3:43
04/07/2010	Independent Signs Handicap	11	10	37:15	16	4:50		32:25	1:14	3:44
18/07/2010	VCCL 5x3km Relay Challenge	4	3	10:37	16	1:36		9:01	0:29	3:32
25/07/2010	Eric Greaves Memorial Handicap	14	10	37:18	16	4:50		32:28	1:21	3:44
01/08/2010	VCCL Roy McKenzie Legend Handicap	13	5	17:41	16	2:30		15:11	1:01	3:32
08/08/2010	45th Annual Norm Charles Handicap	16	10	37:32	17	5:10		32:22	1:51	3:45
15/08/2010	George Perdon Handicap	17	16.09	1:04:41	17	8:30		56:11	3:51	4:01
22/08/2010	Hash House Harriers Handicap	15	8	29:31	18	4:30		25:01	1:56	3:41
04/09/2010	Coburg Lake Handicap	2	6.5	23:37	19	3:50		19:47	0:16	3:38
12/09/2010	Westgate Bridge Memorial Handicap	1	5	17:42	19	2:55		14:47	0:00	3:32
19/09/2010	President's Handicap	15	6.5	24:24	15	3:00		21:24	2:00	3:45
15/05/2011	Fred Grubb Memorial Handicap	7	6.5	23:07	15	3:00		20:07	0:56	3:33
22/05/2011	Moran Stable Handicap	3	5	17:34	15	2:20		15:14	0:35	3:31
29/05/2011	Rendina Family Handicap	7	8	28:21	15	3:45		24:36	0:32	3:33
11/06/2011	Boutique FPS Handicap	9	5	17:42	15	2:20		15:22	0:25	3:32
26/06/2011	Independent Signs Handicap	9	10	37:17	16	4:50		32:27	0:53	3:44
03/07/2011	VCCL 5x3km Relay Challenge	4	3	10:19	16	1:36		8:43	0:07	3:26
10/07/2011	Helmut & Maija Prentler Handicap	5	8	28:59	16	4:00		24:59	0:32	3:37
17/07/2011	38th Annual Murchison Handicap	11	10	35:33	16	4:50		30:43	0:59	3:33
24/07/2011	Eric Greaves Memorial Handicap	6	10	36:47	17	5:10		31:37	1:03	3:41
31/07/2011	46th Annual Norm Charles Handicap	11	10	36:54	11	3:20		33:34	1:53	3:41
07/08/2011	Tony Rendina Legend Handicap	7	5	17:15	17	2:35		14:40	0:52	3:27
14/08/2011	Hash House Harriers Handicap	16	8	28:38	17	4:15		24:23	1:09	3:35
21/08/2011	George Perdon Handicap	16	16.09	1:04:41	18	9:00		55:41	4:53	4:01
04/09/2011	Thermal Products Handicap	4	8	29:34	18	4:30		25:04	0:40	3:42
11/09/2011	Westgate Bridge Memorial Handicap	5	5	17:29	18	2:45		14:44	0:26	3:30
18/09/2011	President's Handicap	6	6.5	24:00	18	3:35		20:25	0:58	3:42
22/04/2012	Moran Stable Sealed Handicap	7	6.5	24:07	16	3:10		20:57	1:17	3:43
29/04/2012	Fred Grubb Memorial Handicap	3	6.5	23:19	16	3:10		20:09	0:46	3:35
06/05/2012	Rendina Family Handicap	5	8	28:53	16	4:00		24:53	1:03	3:37
20/05/2012	Caruana Classic Handicap	10	8	29:01	16	4:00		25:01	0:49	3:38
27/05/2012	Helmut & Maija Prentler Handicap	26	8	32:37	16	4:00		28:37	3:37	4:05
03/06/2012	VCCL 5x3km Relay Challenge	6	3	10:46	16	1:36		9:10	0:11	3:35
09/06/2012	Family Feud Sealed Handicap	12	5	18:06	16	2:30		15:36	1:26	3:37
01/07/2012	Yvonne Callaghan Handicap	8	5	18:00	16	2:30		15:30	1:16	3:36
22/07/2012	47th Norm Charles Handicap	10	10	37:53	18	5:30		32:23	2:04	3:47
05/08/2012	VCCL Tony Moran Legend Handicap	9	8	30:03	17	4:15		25:48	0:44	3:45
19/08/2012	17th George Perdon Handicap	6	16.09	1:03:15	17	8:30		54:45	3:53	3:56
26/08/2012	Westgate Bridge Memorial Handicap	6	5	17:54	18	2:45		15:09	0:36	3:35
02/09/2012	Coburg Lake Classic	3	6.5	23:04	18	3:35		19:29	0:38	3:33
09/09/2012	Churchill Park Classic	5	8	29:29	18	4:30		24:59	0:23	3:41
16/09/2012	President's Handicap	2	6.5	24:09	19	3:50		20:19	0:09	3:43
21/04/2013	Moran Stable Handicap	11	5	18:18	18	2:55		15:23	1:17	3:40
28/04/2013	Helmut & Maija Prentler Handicap	8	8	30:58	18	4:30		26:28	1:02	3:52
19/05/2013	24th Rendina Family Handicap	4	8	29:27	18	4:30		24:57	0:27	3:41
26/05/2013	4th 5x3km Relay Challenge	2	3	10:10	0	1:30		8:40	0:13	3:23
16/06/2013	Flack Advisory Eaglehawk to Bendigo	1	6.4	22:30	18	3:35		18:55	0:00	3:31

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Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
30/06/2013	Jim McLure Legend Handicap	25	5	17:37	13	2:00		15:37	1:40	3:31
14/07/2013	Churchill Park Handicap	14	6.5	24:21	13	2:35		21:46	1:05	3:45
21/07/2013	15th Eric Greaves Memorial	21	10	38:11	13	3:55		34:16	2:10	3:49
04/08/2013	18th George Perdon Handicap	24	16.09	1:04:02	13	6:30		57:32	5:01	3:59
11/08/2013	Parks Victoria Handicap	26	8	31:54	14	3:30		28:24	3:00	3:59
08/09/2013	48th Norm Charles Handicap	18	10	37:15	16	4:50		32:25	3:38	3:44
15/09/2013	President's Handicap	36	6.5	29:24	14	2:50		26:34	6:24	4:31
04/05/2014	Fred Grubb & Bob Charlton Memorial	35	6.5	25:02	14	2:50		22:12	2:35	3:51
18/05/2014	Moran Stable Handicap	14	5	17:28	15	2:15		15:13	0:22	3:30
25/05/2014	25th Rendina Family Handicap	49	8	33:22	15	3:45		29:37	4:50	4:10
01/06/2014	19th Caruana Cross Country Classic	33	8	29:35	15	3:45		25:50	3:26	3:42
22/06/2014	5th 5x3km Relay Challenge	9	3	10:37	15	1:30		9:07	0:20	3:32
29/06/2014	21st Independent Signs Handicap	16	10	38:37	15	4:35		34:02	2:47	3:52
06/07/2014	Austbrokers Phillips Handicap	4	8	29:19	16	4:00		25:19	0:19	3:40
20/07/2014	16th Eric Greaves Memorial	17	10	37:39	16	4:50		32:49	1:37	3:46
27/07/2014	30th Helmut & Maija Prentler Handicap	11	6.5	24:25	16	3:10		21:15	1:10	3:45
03/08/2014	2nd Jayen Engineers Handicap	17	5	17:25	16	2:25		15:00	0:41	3:29
10/08/2014	19th George Perdon Handicap	12	16.09	1:02:40	16	8:00		54:40	2:27	3:54
17/08/2014	15th Westgate Bridge Handicap	7	5	17:23	16	2:25		14:58	0:19	3:29
24/08/2014	Ray O'Connor Legend Handicap	30	5	18:28	16	2:25		16:03	1:38	3:42
31/08/2014	49th Norm Charles Handicap	2	10	36:45	17	5:10		31:35	0:12	3:41
19/04/2015	Fred Grubb & Bob Charlton Memorial	33	6.5	25:31	16	3:10		22:21	2:33	3:56
26/04/2015	Moran Stable Handicap	16	5	17:59	17	2:35		15:24	1:04	3:36
03/05/2015	26th Rendina Family Handicap	9	8	29:53	17	4:15		25:38	1:07	3:44
17/05/2015	20th Caruana Cross Country Classic	2	8	29:47	17	4:15		25:32	0:46	3:43
24/05/2015	6th 5x3km Relay Challenge	6	3	10:08	17	1:42		8:26	0:38	3:23
31/05/2015	Austbrokers Phillips Handicap	15	8	30:42	17	4:15		26:27	1:58	3:50
07/06/2015	Family Feud Sealed Handicap	16	5	18:11	17	2:35		15:36	0:52	3:38
21/06/2015	16th Westgate Bridge Handicap	9	5	17:45	17	2:35		15:10	0:15	3:33
19/07/2015	17th Eric Greaves Memorial	18	10	38:22	17	5:10		33:12	2:07	3:50
26/07/2015	3rd Jayen Engineers Handicap	5	5	17:41	17	2:35		15:06	0:22	3:32
02/08/2015	20th George Perdon Handicap	19	16.09	1:05:09	17	8:30		56:39	5:08	4:03
16/08/2015	31st Helmut & Maija Prentler Handicap	2	6.5	23:39	17	3:25		20:14	0:01	3:38
30/08/2015	50th Norm Charles Handicap	7	10	36:42	17	5:10		31:32	1:53	3:40
13/09/2015	4th Kyneton Ridge Estate Handicap	1	6.5	23:34	17	3:25		20:09	0:00	3:38
17/04/2016	Fred Grubb & Bob Charlton Memorial	25	6.5	27:27	0	2:35		24:52	4:24	4:13
24/04/2016	Moran Stable Handicap	18	5	17:55	13	2:00		15:55	1:38	3:35
01/05/2016	27th Rendina Family Handicap	25	8	32:19	16	4:00		28:19	3:39	4:02
15/05/2016	Parks Victoria 5x3km Relay Challenge	16	3	10:18	14	1:24		8:54	0:45	3:26
22/05/2016	Fraser Murray Family Feud Handicap	13	5	18:30	14	2:10		16:20	1:28	3:42
29/05/2016	AB Phillips Handicap	24	6.5	27:42	14	2:50		24:52	3:45	4:16
05/06/2016	21st Caruana Cross Country Classic	29	8	34:34	16	4:00		30:34	6:19	4:19
19/06/2016	17th Westgate Bridge Handicap	18	5	18:35	15	2:15		16:20	1:44	3:43
26/06/2016	23rd Woodlands Handicap	26	10	43:31	15	4:35		38:56	7:44	4:21
10/07/2016	32nd Helmut & Maija Prentler Handicap	6	5	17:49	15	2:15		15:34	0:29	3:34
24/07/2016	18th Eric Greaves Memorial Handicap	24	10	41:47	15	4:35		37:12	6:01	4:11

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Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
21/08/2016	21st George Perdon Handicap	16	16.09	1:08:11	15	7:30		1:00:41	8:20	4:14
28/08/2016	5th Kyneton Ridge Estate Handicap	12	6.5	25:04	15	3:00		22:04	2:24	3:51
18/09/2016	Presidents & Ted Paulin Handicap	13	3	10:38	16	1:36		9:02	1:06	3:33
30/04/2017	Fred Grubb & Bob Charlton Memorial	14	6.5	27:32	16	3:10		24:22	3:19	4:14
06/05/2017	28th Rendina Family Handicap	15	8	31:40	16	4:00		27:40	3:24	3:58
20/05/2017	Moran Stable Handicap	16	5	18:34	17	2:35		15:59	1:11	3:43
04/06/2017	22nd Caruana Cross Country Classic	37	8	34:18	17	4:15		30:03	5:27	4:17
11/06/2017	18th Westgate Bridge Handicap	23	5	20:25	17	2:35		17:50	2:42	4:05
24/06/2017	Yarra Bend Handicap	17	8	34:56	18	4:30		30:26	5:50	4:22
01/07/2017	AB Phillips Handicap	11	6.5	24:26	18	3:35		20:51	1:34	3:46
06/08/2017	19th Eric Greaves Memorial Handicap	20	10	42:30	18	5:30		37:00	5:12	4:15
19/08/2017	Jells Park Handicap	5	5	18:06	19	2:55		15:11	1:22	3:37
27/08/2017	33rd Helmut & Maija Prentler Handicap	18	6.5	27:08	19	3:50		23:18	2:56	4:10
15/04/2018	Jells Park Sealed Handicap	20	6.5	26:06	19	3:50		22:16	3:05	4:01
21/04/2018	AV Cross Country Relays	4	6	22:32	19	3:35		18:57	1:28	3:45
05/05/2018	AV Cross Country	9	8	32:12	19	4:45		27:27	1:49	4:02
12/05/2018	parkrun	11	5	18:52	20	3:00	0:40	15:12	1:46	3:46
20/05/2018	Rendina Classic Handicap	11	8	31:15	20	5:00		26:15	1:42	3:54
26/05/2018	AV Cross Country	7	12	48:10	20	7:30		40:40	2:07	4:01
02/06/2018	parkrun	8	5	18:47	21	3:10	0:40	14:57	0:53	3:45
16/06/2018	AV Cross Country	10	10	39:21	21	6:25		32:56	2:19	3:56
23/06/2018	parkrun	2	5	18:20	22	3:20	0:40	14:20	0:20	3:40
30/06/2018	parkrun	1	5	18:32	22	3:20	0:40	14:32	0:00	3:42
07/07/2018	AV Road Relays	2	3.1	10:39	21	2:10		8:29	0:15	3:26
15/07/2018	Braeside Handicap	4	10	38:24	20	6:05		32:19	1:32	3:50
22/07/2018	AV Road Race	5	10	37:11	21	6:25		30:46	1:53	3:43
28/07/2018	parkrun	4	5	18:05	20	3:00	0:40	14:25	0:32	3:37
04/08/2018	AV Road Race	4	15	58:10	21	9:50		48:20	0:45	3:53
11/08/2018	parkrun	6	5	18:55	20	3:00	0:40	15:15	0:59	3:47
18/08/2018	parkrun	6	5	18:20	21	3:10	0:30	14:40	0:30	3:40
25/08/2018	parkrun	4	5	18:14	21	3:10	0:30	14:34	0:40	3:39
02/09/2018	AV Road Race	2	21.1	1:24:08	21	13:50		1:10:18	1:31	3:59
08/09/2018	parkrun	10	5	18:35	21	3:10	0:30	14:55	0:44	3:43
15/09/2018	AV Relays	1	3.827	13:25	21	2:30		10:55	0:00	3:30
23/09/2018	Westerfold Park Handicap	3	3	10:42	20	1:55		8:47	0:14	3:34
04/05/2019	AV Cross Country Relays	13	6	22:55	19	3:35		19:20	1:41	3:49
12/05/2019	Jells Park Sealed Handicap	14	6.5	26:02	20	4:00		22:02	2:55	4:00
18/05/2019	parkrun	9	5	18:55	20	3:00	0:15	15:40	1:01	3:47
26/05/2019	Rendina Classic Handicap	20	5	20:18	20	3:00		17:18	2:35	4:04
01/06/2019	AV Cross Country	15	8	36:01	21	5:15		30:46	4:41	4:30
15/06/2019	AV Cross Country	11	10	40:53	21	6:25		34:28	3:23	4:05
22/06/2019	AV Ekiden Relays	7	5	19:58	21	3:10		16:48	0:33	4:00
30/06/2019	Caruana Classic Handicap	15	8	34:23	21	5:15		29:08	5:00	4:18
06/07/2019	AV Road Relays	5	6.2	23:15	22	4:15		19:00	0:37	3:45
14/07/2019	AV Road Race	17	10	40:02	22	6:40		33:22	3:53	4:00
21/07/2019	Braeside Handicap	14	10	40:55	21	6:25		34:30	3:13	4:06
27/07/2019	AV Road Race	14	15	1:01:02	22	10:20		50:42	4:00	4:04
03/08/2019	parkrun	8	5	18:44	22	3:20	0:00	15:24	1:04	3:45
25/08/2019	Yarra Bend Handicap	16	6.5	29:06	21	4:10		24:56	5:25	4:29
31/08/2019	parkrun	16	5	20:13	22	3:20	0:15	16:38	2:07	4:03
21/09/2019	AV Relays	7	3.827	14:05	22	2:40		11:25	0:39	3:41
24/04/2021	Jells Park Sealed Handicap	5	5	19:37	22	3:20		16:17	1:02	3:55
01/05/2021	AV Cross Country Relays	2	6	23:02	22	4:05		18:57	0:10	3:50
08/05/2021	parkrun	11	5	20:20	22	3:20	0:15	16:45	2:24	4:04

## VCCL Results - Craig Harris

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
22/05/2021	AV Cross Country	1	8	31:26	22	5:30		25:56	0:00	3:56
30/04/2022	parkrun	9	5	20:21	19	2:55	0:21	17:05	1:53	4:04
07/05/2022	AV Cross Country Relays	12	6.2	23:55	19	3:35		20:20	1:14	3:51
14/05/2022	parkrun	11	5	20:37	19	2:55	0:09	17:33	1:55	4:07
21/05/2022	parkrun	9	5	20:03	20	3:00	0:21	16:42	1:47	4:01
12/06/2022	Caruana Memorial Handicap	3	3	11:50	20	2:00		9:50	0:21	3:57
18/06/2022	AV Cross Country	11	12	53:57	20	7:30		46:27	5:45	4:30
02/07/2022	parkrun	12	5	19:53	20	3:00	0:00	16:53	1:53	3:59
09/07/2022	AV Road Relays	16	6.2	24:48	20	3:50		20:58	2:34	4:00
17/07/2022	Braeside Handicap	8	10	43:52	21	6:25		37:27	3:44	4:23
23/07/2022	AV Cross Country	10	10	44:03	21	6:25		37:38	5:03	4:24
30/07/2022	parkrun	14	5	20:29	22	3:20	0:00	17:09	2:12	4:06
07/08/2022	AV Road Race	16	10	40:48	22	6:40		34:08	2:31	4:05
13/08/2022	parkrun	4	5	19:27	23	3:30	0:00	15:57	0:52	3:53
20/08/2022	AV Road Race	8	15	1:03:28	23	10:45		52:43	4:12	4:14
27/08/2022	parkrun	9	5	20:48	23	3:30	0:21	16:57	3:18	4:10
04/09/2022	AV Road Race	12	21.1	1:39:21	23	15:10		1:24:11	14:44	4:43
17/09/2022	AV Relays	3	3.827	14:15	24	2:55		11:20	0:17	3:43
24/09/2022	parkrun	1	5	18:59	24	3:40	0:00	15:19	0:00	3:48
02/10/2022	Presidents Handicap	8	3	11:48	21	2:06		9:42	0:56	3:56